

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your feet are the foundation of your health. Any problem with them can affect your whole body. And in some cases, they provide early warning signs of diabetes, circulation problems and other health issues. The earlier you discover any condition, the better your chances are

for managing it.

Does foot pain prevent you from doing your favorite activity? [ ] YES [ ] NO

Do you have chronic pain from prior injury or foot surgery? [ ] YES [ ] NO

Do you have pain in the ball of your foot? [ ] YES [ ] NO

Are you living with diabetes? [ ] YES [ ] NO

Do you have burning or tingling in your legs or feet? [ ] YES [ ] NO

Do you have leg or foot cramps with activity or at rest? [ ] YES [ ] NO

Does your heel hurt when you get up in the morning or after sitting for a while? [ ] YES [ ] NO

Do you have bunions or hammertoes that interfere with walking? [ ] YES [ ] NO

Does it feel like you are walking on rocks or marbles? [ ] YES [ ] NO

Are your toenails discolored, ingrown or have fungus? [ ] YES [ ] NO

Would you like to schedule an appointment with one of our CiC podiatrists? [ ] YES [ ] NO

***If answered “yes” to any of these questions, or your feet are preventing you from going out as often as you’d like or are keeping you from doing your best at work, be sure to talk to your doctor about it today.***